
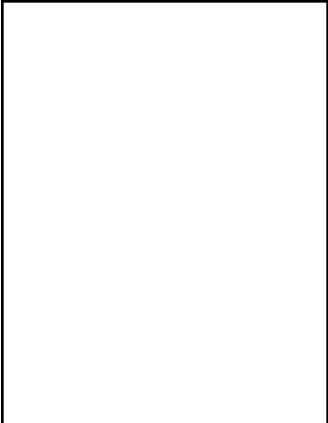


# FOOD WASTE Prevention Week

APRIL 1-7, 2024

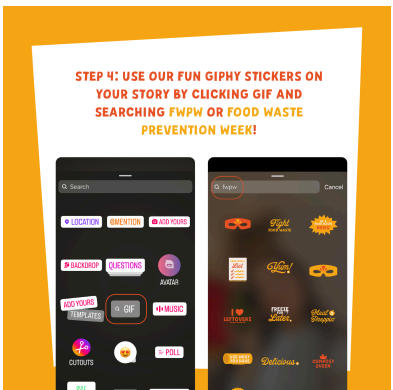
Food Waste Prevention Week Partner Social Calendar  
To download these graphics [click here](#).

Date	Caption	Graphic
<p>Monday April 1, 2024</p>	<p>This April 1st, let's make a commitment that's no joke! Be a Food Waste Hero during Food Waste Prevention Week 2024 and save the day, one meal at a time. Don't be fooled by waste—join the mission to rescue delicious meals and be the hero our planet needs.</p> <p>Check in this week for plenty of events, webinars, tips, contests, and other ways to be a FOOD WASTE HERO! 🦸</p> <p>There are SO many ways to show support for Food Waste Prevention Week 2024:</p> <ul style="list-style-type: none"> <li>👉 Share our posts</li> <li>👉 Make videos or take pics of what you're doing to reduce food waste and tag @foodwastepreventionweek</li> <li>👉 Use the adorable FWPW Giphy stickers for your Stories!</li> <li>👉 Sign up for a webinar</li> <li>👉 Attend an in-person event</li> </ul>	<p>On Instagram, on the days with multiple pictures, post them as a grouping so that the first one swipes into the second one. You could also post the first one by itself and share your story. On Facebook or X (Twitter), post as a grouping of photos, or choose a single graphic to post.</p> 



👉 Register as a Partner

#beafoodwastehero  
#foodwastepreventionweek #FWPW



Tuesday April 2, 2024

How many times have you bought food at the grocery store because you thought you were out of something...only to find it RIGHT after you get home?! 😞

Tip: Create an "Eat This Now" section of your refrigerator and pantry!

- 👉 Store things together that need to be used up
- 👉 Tape off "Eat This Now" sections of your fridge or pantry with a fun washi tape, or just designate a certain shelf or area
- 👉 Mark containers or items that need to be used with tape, stickers, or a marker

Don't let good food go bad...alone and uneaten! Be the hero your food deserves! 🦸

#beafoodwastehero #foodwaste #FWPW



Wednesday April 3, 2024

Fridge Force Unleashed 🦸 Some fruits and veggies love a cool, dark lair in the fridge, while some prefer a home base outside on the counter. Do you know which ones?

A real Food Waste Hero knows how to properly store favorite fruits and veggies. Take a quick moment to make sure you know how to make all your favorites last the longest by checking out

[www.savethefood.com/storage](http://www.savethefood.com/storage)

#beafoodwastehero #foodwaste #FWPW



ITEM	SHOULD YOU REFRIGERATE?
EGGPLANT	NO
ONIONS	NO UNLESS PARTIALLY CUT
MUSHROOMS	YES
GRAPES	YES
PEARS	YES AFTER RIPE
TOMATOES	NO UNLESS CUT
BRUSSEL SPROUTS	YES
PEARS	YES AFTER RIPE
BANANAS	OPTIONAL AFTER RIPE

Thursday April 4, 2024



It's Thursday, Food Waste Heroes! And that means...#FridgeNight! 💡 Did you know that every year, the average American family wastes \$1,500 worth of food? 🤖 With that money in your pocket, a family of four could have enjoyed 18 movie nights last year!

Hellmann's is a real Food Waste Hero, and they're leading a movement to reduce food waste (and save families 💰) by committing once a week to making leftovers into delicious new meals! Head over to [Hellmanns.com](http://Hellmanns.com) or download the Fridge Night App for tons of recipes and food waste tips!

Source:

<https://www.mitre.org/news-insights/news-release>



	<p><a href="https://www.mitre-gallup-survey-finds-us-households-waste-6-2-cups-edible-food-every">/mitre-gallup-survey-finds-us-households-waste-6-2-cups-edible-food-every</a></p> <p>#beafoodwastehero #foodwaste #FWPW #hellmann's</p>	
<p>Thursday April 4, 2024 - Option 2</p>	<p>Got some potatoes from your weekly grocery shop trip begging to be eaten? 🥔 SMASH food waste with this amazing Smashed Potato Nachos recipe! A super easy way to use up your potatoes, bell peppers, avocados, tomatoes or any veggies you have left in the fridge. 🧑🍳 Visit <a href="https://www.hellmanns.com/uk/r/smashed-potato-nachos.html/214345">https://www.hellmanns.com/uk/r/smashed-potato-nachos.html/214345</a> for the full recipe and to check out more food saving and delicious recipes from Hellmann's.</p> <p>#beafoodwastehero #foodwaste #FWPW #fridgenight #hellmann's</p>	
<p>Friday April 5, 2024</p>	<p>Food Waste Heroes know how to tell friend from foe when it comes to telling whether a food is still safe to eat or not! 💥 Here are quick eat or toss tips for some popular food items!</p> <p>Check out <a href="http://www.eatortoss.com">www.eatortoss.com</a> to #beafoodwastehero and boost your knowledge of how to tell if foods are still safe to eat!</p> <p>#foodwaste #FWPW</p>	



Saturday April 6, 2024

Reducing food waste isn't just something you do at home; you can also join millions of Food Waste Heroes who are helping the environment, saving money, and supporting food insecurity initiatives year-round in their communities, workplaces, or schools!

★ Volunteer or partner with local food recovery organizations such as Food Rescue US, Means Database, and Farmlink.

★ Get involved in food waste reduction initiatives in your community, such as community composting

★ Consider how to reduce food waste for events and organizations that you're a part of, from planning a low-waste snack after-game snack for your kids' soccer team to donating uneaten food from an upcoming event you're planning

★ Fill out the Food Waste Hero Scorecard for your home, business, or organization, both of which can be found at [FoodWastePreventionWeek.com](https://www.FoodWastePreventionWeek.com)

★ Share articles and info about food waste on social media

★ Share how you are a #foodwastehero throughout the year by sharing to your stories, using our FWPW Giphy Stickers,



	<p>and tagging @foodwastepreventionweek</p> <p>★ Talk to your organization about becoming a Partner or Sponsor of Food Waste Prevention Week 2025!</p> <p>#FWPW #foodwastepreventionweek</p>	
<p>Sunday April 7, 2024</p>	<p>It's the final day of Food Waste Prevention Week 2024! 🎓</p> <p>When tackling food waste, the little things can add up to make a BIG difference.</p> <p>Were you a Food Waste Hero this week? Be sure to check out the Food Waste Hero Scorecard at <a href="https://FoodWastePreventionWeek.com">FoodWastePreventionWeek.com</a>, tally up your score, and choose your next food waste fighting action! 🌟</p> <p>Thank you for participating in FWPW! Together, we can help the environment, save money, and tackle food insecurity in our communities by reducing food waste wherever we are.</p> <p>#beafoodwastehero #FWPW #foodwastepreventionweek</p>	